

A Comprehensive Review of Emerging Paradigms in Global Health Research

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Abstract

International health research has attracted considerable interest in the last decades, mainly attributable to Health inequality, the Emergence of No communicable diseases, and Universal bond industriousness in fighting global health dilemmas. The social transformation of the nature of health problems, on the one hand, and the innovation of disease prevention and control strategies, on the other hand, define the new epistemologies of Global Health on the move. In this paper, these new paradigms are discussed in detail, focusing on the areas of study, the qualification of contexts, and the methods used. To this end, to contribute to the ongoing research in the area, we discuss emerging research themes, gaps, and potential research directions for future work. Through a careful review of scientific literature mixed with methodological approaches, this paper proposes to advance from the current focus on global health subjects to a more rigorous, diverse, and encompassing approach.

Keywords: Global Health; Emerging Paradigms; Research Methodologies; Health Disparities; Non-Communicable Diseases; Global Health Policy; Sustainable Development Goals.

Introduction

Global Health research is international in scope; it concerns diseases whose impact cuts across frontiers in space and culture. The nature of global Health in the 21st century has been changing, influenced by globalization, climate change, political instability, and economic disparities. New directions in global health research include Health and disease in multiple dimensions, ranging from disease-causative agents to socioenvironmental influences. *Scope of Study*

This paper aims to provide a review of health risks associated with various population groups worldwide. Other areas of DIPS include infectious diseases such as HIV/AIDS and tuberculosis, noncommunicable diseases such as Cardiovascular diseases, Diabetes, Mite environmental health, Climate change, Air pollution, and other related/ emerging health risks, including Antimicrobial resistance. The paradigms to be discussed in the paper include the One Health approach, big data in health policy, health equity, and the social determinants of Health.

Justification

The rationale for this review is embedded in the current pressing contemporary push for the search for new solutions to global health issues. Most approaches used in global health research have been limited in many ways and do not capture the complexity of issues across the social determinants of Health. In addition, the current COVID-19 pandemic has shown the weakness of the international System in providing adequate and multilateral treatment for health emergencies. Therefore, by concentrating on emerging paradigms, this review aims to point the appropriate direction for researchers, policymakers, and other public health practitioners toward innovative solutions for worldwide better Health.

Background, Significance, and Relevance

Environmental, social, political, and economic factors frame the research context of global Health. Therefore, it is important to understand how these elements affect public Health in order to design suitable interventions. In this paper, the author will discuss the growing need for multidisciplinary

approaches to solving such problems from anthropological, Health, economic, sociological, and environmental angles. The importance of this study cannot be overemphasized because global health concerns do not need closeddoor Solutionism" but need global, inclusive, and multifaceted Solutionism for all countries.

LITERATURE REVIEW

Existing Literature

Previous literature in Global Health has centered on disease control and management, cure, and health reforms and has drawn from numerous fields of study. Most of the studies conducted in the past have focused on infectious diseases, which are prevalent in the LMICs in the current era. But in the recent past, there has been increasing emphasis on the so-called chronic diseases or noncommunicable diseases, including diabetes, cancer, and heart disease, an increasing percentage of mortality is caused by. Strengthening health systems, UHC, and sustainable development have also underpinned other important research.

One of the revolutionary concepts evolving from global health research over the past few years is the social determinants of Health, which include, for example, income, education, and health facility access. These are imperative in assessing the source of unmet needs. The discovery of one health system that combines the health relations of human beings, animals, and other species coupled with the environment also broadened the study of global Health.

Identifying Gaps in Knowledge

However, even with the current elevated volume of literature, gaps in knowledge within the field of global health research are still apparent. The latter remains an important area to which many studies still pay inadequate attention to the multiple interactions between environmental, social, and economic factors. Special attention should be given to the exploration of health disparities in such communities. In addition, health research for the global context has been relatively isolated, or sometimes under-integrated, within and across disciplines.

However, there is a glaring issue in the failure to adopt the utilization of data analysis, such as big data, in policy formulation in the health sector. Though overall technological advancement has resulted in the generation of large amounts of health-related data, there is a lack of application of the resulting data in decision-making at both international and national levels. Longitudinal studies are also hard to come by, and little research has been done that studies the effects of global health interventions in the long term, particularly concerning health equity and sustainability.

METHODS

Research Methodology

To build this review, the methods used involve:

- Thoroughly searching indexed databases.
- Articles.
- Reports from health-related journals and other publications not indexed in the databases and organizations.

Specific search, scientific, and institutional databases like PubMed and Google Scholar were employed to locate the necessary articles and trends in international research for this work. The approach used for selecting the articles was the publication date of the last 10 years to enable the inclusion of new tendencies and emerging paradigms.

Thus, the review also includes secondary data from worldwide main sources: WHOs, the Global Burden of Disease Study, and the United Nations' Sustainable Development Goals progress reports. It uses multiple sources of information, thus providing a montage of the current trends and methodologies in global health research.

Research Design and Methodology

The research design is a systematic review design using qualitative and quantitative data. The qualitative analysis examines new horizons in international health research, including health equity and climate change, to provide a brief understanding of the methodological approach. Quantitative data includes updated data on disease occurrence, life expectancy, and health outcome indicators from global health databases. Aids were made using statistical methods to identify patterns and trends in Health, increasing world health understanding.

RESULTS AND FINDINGS

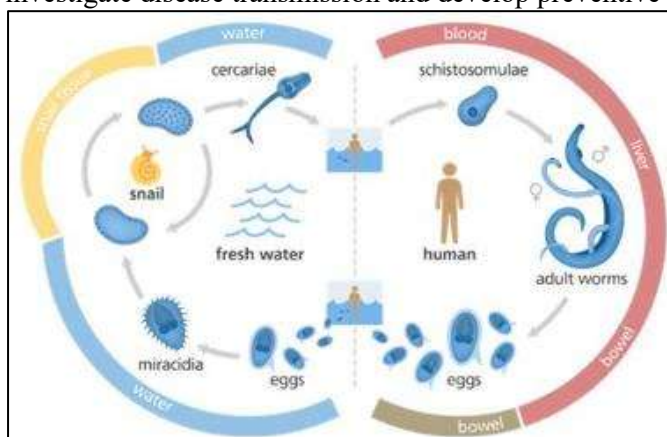
Key Emerging Paradigms in Global Health Research

International health research has been dynamically developing over the last years owing to its multifactorization and interdependency. New paradigms in global health research indicate that the world's health issues can no longer be single-themed and can be solved by interdisciplinary, equity approaches and data analysis. Based on this review, the following section outlines the five major emerging paradigms in global health research.

Interdisciplinary Approaches in Global Health Research

The first remarkable trend in global health research is the understanding of interdisciplinary strategies and collaboration as a priority. Classically, international health research, in most cases, is aimed at individual disciplines such as epidemiology of public Health or medicine. However, the nature of present-day health issues, whether the current pandemic, lifestyle diseases, or factors such as the environment, are aspects that we need to deal with, drawing from multiple fields (Farmer & Kim, 2018). It involves getting together workers in the health field, earth science, social sciences, Economics, and even Political Science when solving health issues.

One such pattern is One Health, a perfect example of the interdisciplinary shift. One Health is an approach that focuses on the interaction of humans, animals, and the environment. This paradigm has emerged especially useful in the fight against zoonotic disorders or those diseases that are transferable between animals and man, including Ebola, Bird flu, and even COVID-19. One Health recognizes and fosters the cooperation of doctors, veterinarians, and ecologists to prevent zoonotic disease outbreaks. Such considerations about human, animal, and environmental Health allow the researchers to investigate disease transmission and develop preventive measures more efficiently.



In addition, this System has the potential to address chronic diseases, diseases of infectious origin, and environmental health challenges. For instance, urbanization, climate change, and pollution are some of the factors considered highly relevant to the rising profile of NCDs. To tackle such challenges, a multidisciplinary approach from both medical and public health professionals, urban, environmental Science, and policy practitioners is needed. Cross-sectoral knowledge and practices can be a strong base for a healthy intervention that can finally help fill the gaps in the strategies for tackling the health problems of the globe.

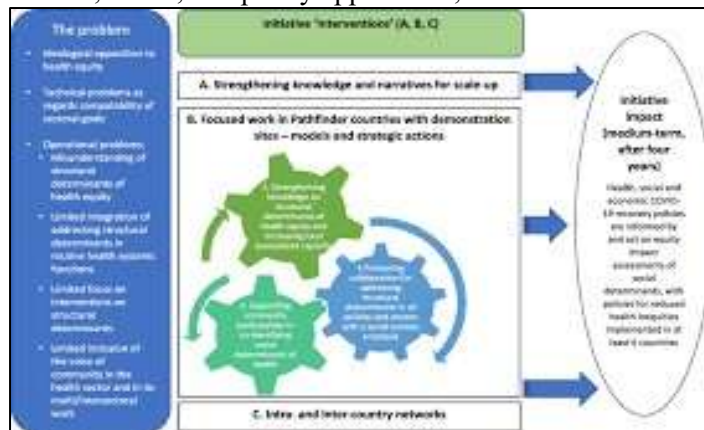
Health Equity and Social Determinants of Health

The other emerging paradigm in global health research is a push toward health equity and the social determinants of Health (SDH). The awareness that Health is determined by social, economic, and physical structures beyond health care has led to a change in the very approach to research in the area of Global Health.

The socio-demographic factors of Health include income, education, employment status, housing, social support, and even the level of access to health services. Palliative care needs have been identified as closely related to these aspects of life, and various studies have shown that all kinds of health inequalities are directly linked to these social determinants. For instance, people with low economic status, people in rural regions who are unable to afford healthcare, poor diets, unsafe homes, poor education, and joblessness contribute to poor health status (Farmer & Kim, 2018). The COVID-19

pandemic uncovered such gaps that affected communities, particularly those in LMICs, experienced devastating Health and socioeconomic consequences.

As mentioned above, global health research interests are shifting from a disease-focused approach towards looking at factors that affect Health, placing these social determinants of Health at the center of health research and health interventions. They have redefined Health not as an absence of disease but as the action of social and political policies that deal with the living standard, poverty inequality, and access to education and social security. Following the theme of reduction of health disparities using clinical, social, and policy approaches, more researchers are now focusing on the issue.



In addition, the methods implemented by the Health in All Policies (HiAP) approach remain promising for increasing equities. HiAP is a concept of harmonizing health aspects into all policies, not necessarily only in the health sector. For instance, urban planning policies determine the availability, location, and design of infrastructure, such as the air to breathe, housing, and transport, which enhances Health amongst the populace. The cross-sectoral analysis allows the researchers to make recommendations supporting policies linked to the social determinants of Health and advocating for local and global equity levels.

Data-Driven Policymaking in Global Health

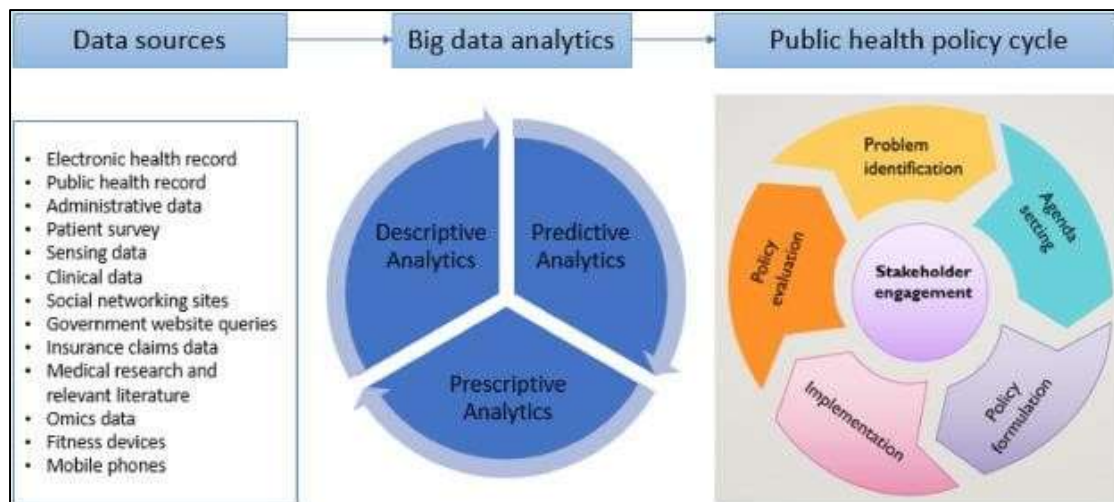
More recently, the use of big data and data analytics in conducting health-related research on the global population has rapidly exploded. Big data analysis capability is now recognized as one of the most important competencies in current health-related studies. Scholars are now using data to track trends in Health, predict epidemics, evaluate impacts, and inform health policy and practice.

Therefore, in the very important area of predictive analytics, big data makes one of its most prominent contributions to global Health. EHealth, in which historical data is utilized through the classification of these health occurrences in order to understand the likelihood of future health occurrences. For instance, data modeling can be applied to model the trend of viral illnesses, such as influenza or COVID-19, focusing on their transmission rates and societal interactions (Kickbusch & Reddy, 2015). These predictive tools can assist policymakers in making early interventions and properly distributing resources, thereby saving lives.

Big data is also being used to monitor the outcomes of health interventions on a global scale. When surveying the population, using Health Informatics and health social network data analyses, researchers can evaluate the effectiveness of vaccination campaigns, public health interventions, or policy changes in realtime. For example, mobile health (mHealth) data have made it easier for researchers to assess the extent of vaccination, measure changes in people's behaviors, and even identify areas lacking adequate health services in real-time.

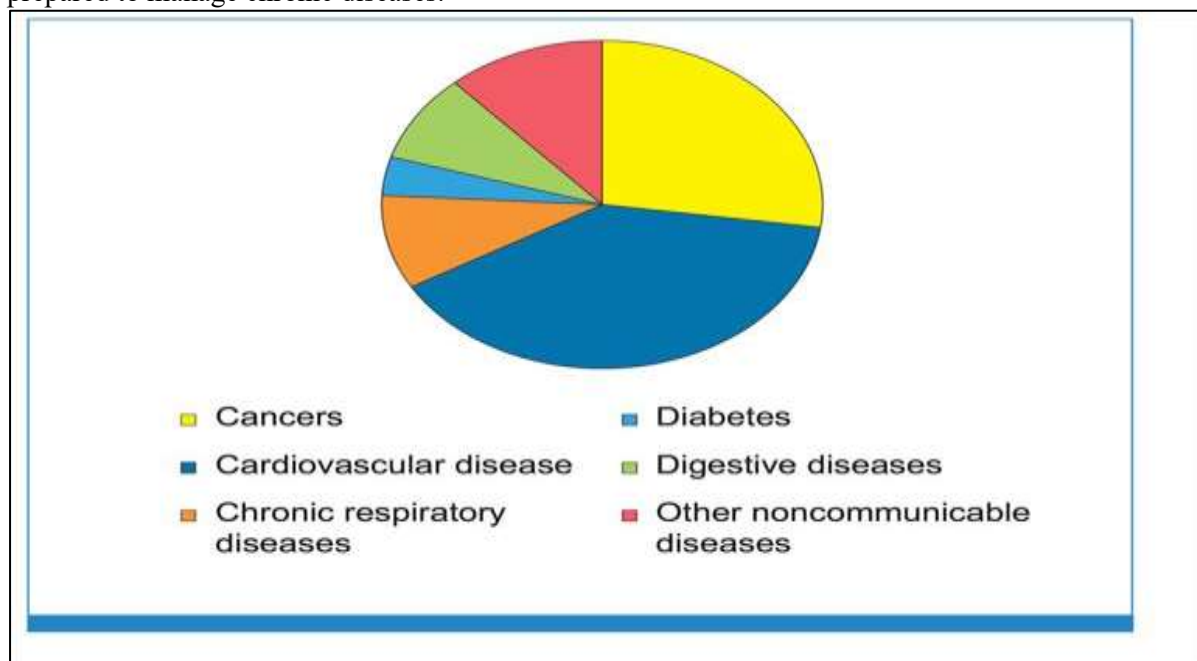
Moreover, more people's information is available at the moment, which has created the ground for more personalization in medicine. By integrating genetic, clinical, and environmental elements into one platform, health researchers can identify details on which groups should receive interventions that improve treatment and prevention outcomes.

However, there are various limitations to using big data for global health research and care. Responsibilities like privacy, protection of information, and ethical use of data continue to be a worry. However, there is poor infrastructure in LMICs to take advantage of big data and also to make a positive change worldwide.



The Rise of Non-Communicable Diseases (NCDs)

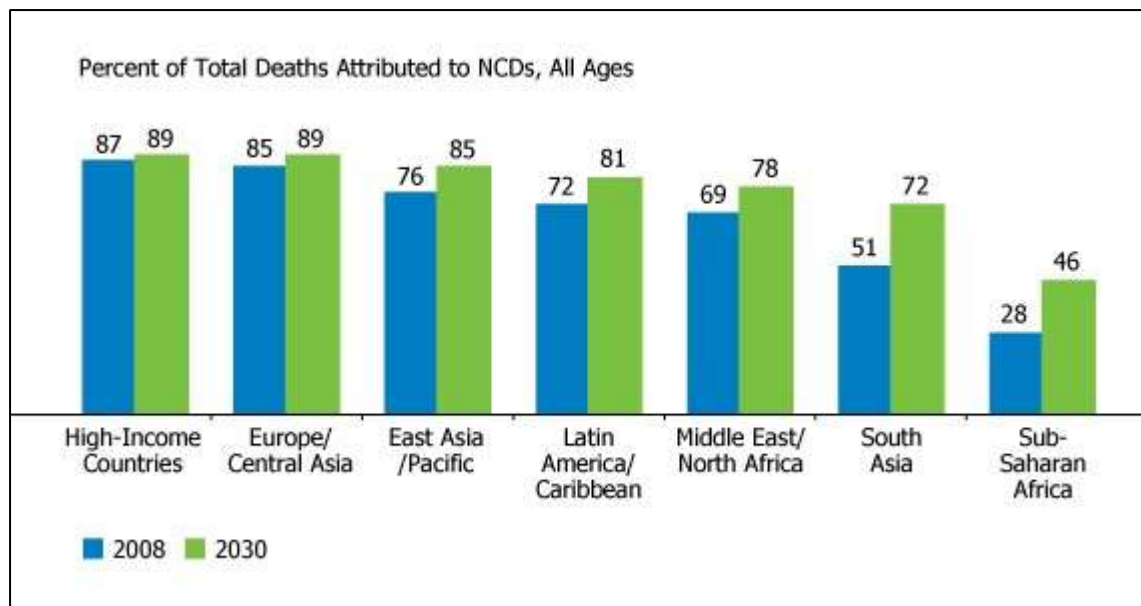
Where communicable diseases were once prevalent in most countries, there has now been a shift in the global disease burden to NCDs. Chronic diseases such as heart disease, diabetes, cancer, and chronic respiratory diseases form the most prevalent noncommunicable diseases and are today the leading causes of mortality. This rise in NCDs is marked particularly in the LMICs, where these nations are ill-prepared to manage chronic diseases.



(Kickbusch & Reddy, 2015)

Some reasons for the increased disease burden of NCDs include changes in lifestyles, increased urbanization, and an increase in people's age. As the populations in LMICs become more sedentary, consume non-healthy foods, and face higher levels of stress, NCDs have emerged as a challenge. Moreover, most LMICs have a "double-disease" load, where people continue to get infectious diseases together with the emergence of other illnesses and diseases.

Thus, contemporary epidemiological research in the global health field concerns NCDs' political, economic, social, and environmental context. It is also possible to examine in detail how urbanization, changes in diet, or increased tobacco and alcohol consumption lead to NCDs. Old trends toward disease prevention and intervention programs are changing. New trends focus on the origin of these diseases and emphasize prevention, early detection, and access to care for these diseases.



(Nunn et al., 2019)

No communicable diseases are complex in LMICs due to the need for more effective strategies in healthcare delivery, such as mobile and telehealth, community, early prevention, and management of chronic diseases.

Alignment with the Sustainable Development Goals (SDGs)

Last but not least, more research in global Health is geared toward the SDGs, with a focus on SDG 3: Health Welfare and Wellbeing for All Across the Life Course. The SDG offers a framework through which many global problems like poverty, inequality, climate change, and education, which affect Health, are addressed.

Global health researchers continue to ensure that Health is widely considered an individual entity with its own objectives but is part and parcel of the greater concept of sustainable development. For instance, in the present day, threats of climate change may endanger human Health, the forcing of vectors, or considerations on the effects of air pollutants on human Health, which are to be included in global health research. In the same way, there is research on how the attainment of other health-related SDGs like – Clean water and sanitation for all (SDG 6), gender Equality (SDG 5), and Quality Education (SDG 4) promote Health and healthy population groups (Piot et al., 2019; Al-Nawafah et al., 2022; Mohammad et al., 2024).

And yes, health systems are central to the realization of the SDGs. Scholars are aware of enhancing the scope of the expanded medicinal services Centre, the availability of important medications, and quality healthcare services, which are viable in demeaning the healthcare wants of deprived segments of the Network. As important to global Health as Health, it is next to impossible to solve within a vacuum, as the concept is closely tied to many fields, such as education, economics, and the environment.

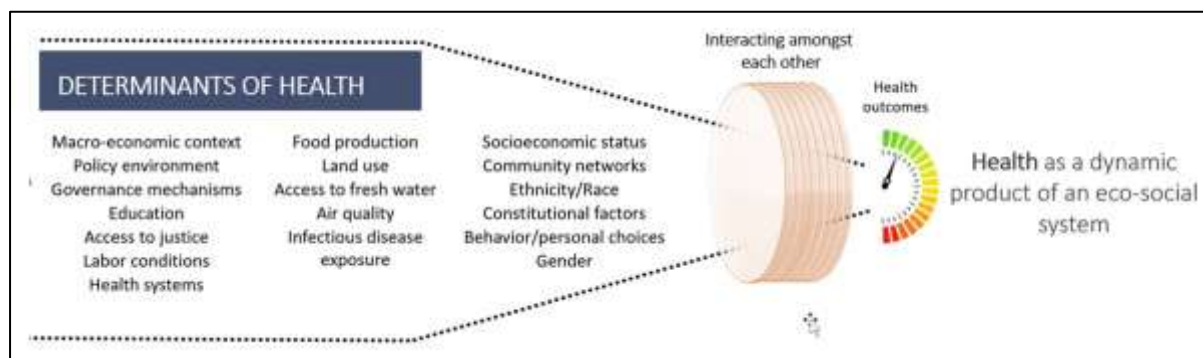
New trends in country-specific approaches to global health research are aligned with changes like challenges in a global health context and the use of more comprehensive, data-based, and fair solutions. Due to evolving and multifaceted trends, globalization and specific features of reaction to future health challenges will entail the obligation to accept a cross-disciplinary approach, burn the use of advanced and innovative technologies, and manage socio-ecological factors influencing Health.

Discussion

Complexity of Global Health Challenges and the Need for Comprehensive Approaches

The conclusions derived from this review illustrate that there are disturbingly deep features of global health issues. These challenges are complex and encompass several health-related factors, including social, environmental, economic, and political factors. Hence, solutions to global health problems cannot be developed by applying limited and separate frameworks. However, the emerging context of global health eHealth complex, trans-disciplinary, evidence-based, and complex approaches, including knowledge stemming from the medical field, public Health, eHealthcs, environmental studies, sociology, and urban planning.

Moreover, the notions of addressing the IH that imply isolated, more often disease-based, approaches that dominated global Health in health decades have gradually become insufficient to address the multifaceted character of health threats in the globalized context. For instance, the increased emergence of NCDs in LMICs is caused by multifactorial determinants, including changing lifestyles, demographics, urbanization, and socioeconomic conditions of the population (Labonté et al., 2015; Al-Hawary et al., 2020; Rahamneh et al., 2023). In the same way, it brings out how diseases such as COVID-19 are inextricable from the world's economy and social structure, hence the need for an integrated approach.



(Labonté et al., 2015)

The issues represent major issues that have not expanded their tentacles enough to ensure interdisciplinary and intersectoral cooperation. Research work in the field of global Health has been categorized, with researchers developing an interest in particular disease types or the influencing factors of Health, health king of them as interacting modes. Here, research has to switch from having these fragmented models of care to more System-based models of care that will deliver genuinely sustainable health improvements. For example, consideration of health inequalities cannot be solved by upgrading individual medical treatment and care alone but necessitates social and environmental change solutions that can only be informed by an interdisciplinary approach involving health care, education, physical planning, and social services.

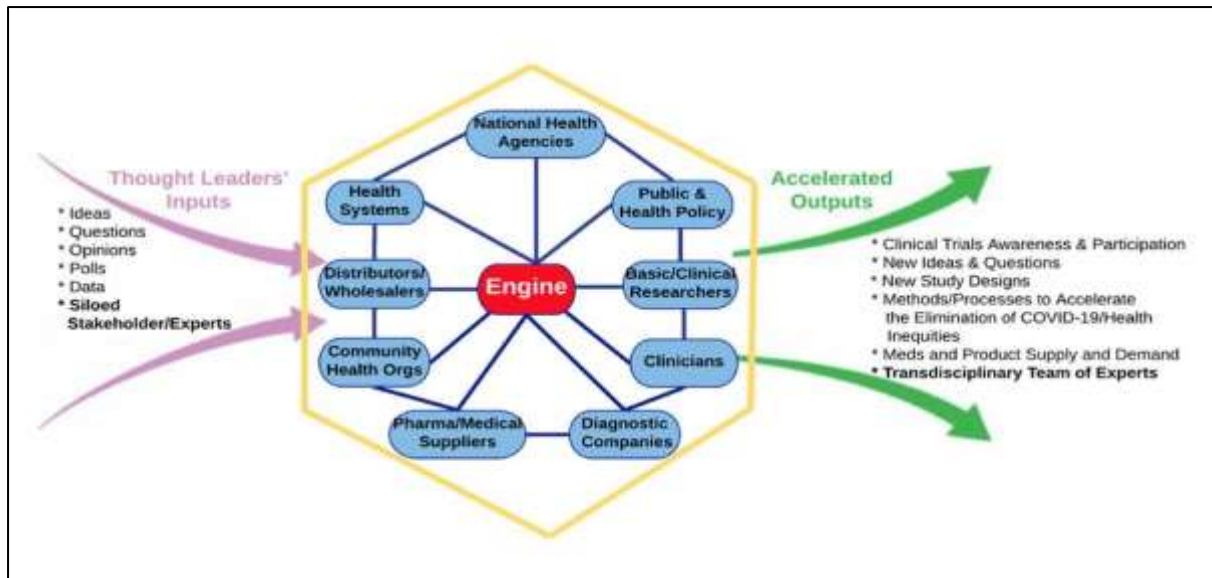
Also, data must be used to the extent of framing policies that govern the health sector all over the world. Big data, such as electronic health records, environment records, and social media records, contain health trends, health conditions, disease outbreaks, and even the impact of treatments. Through data analysis, the health intervention can be directed to the right population group to ensure the right health intervention is offered by taking the best approach possible.

The Role of International Collaboration in Addressing Health Inequities

One message from the findings is the call for more synergy, especially in enhancing health equity, a common issue facing most LMICs. These regions remain most affected by global health challenges, including emerging infectious diseases and NCDs. However, many LMICs lack the means and preconditions to adequately address these factors, leading to a sharply rising disparity between the HI-IPC and the LI-IPC regarding Health.

The recent incorporation of health equity into the central research agenda of global Health makes it possible to address these gaps. Consequently, GH research and policy processes emphasize HC strengthening in LMICs to prepare for tackling ID and emerging CCs. In addition, social policies must be reshaped towards promoting health equity by reducing differential factors or social determinants of Health, such as global Health, poverty, literacy, shelter, safe water, and environmental sanitation.

Their interaction can be defined as knowledge sharing, cooperation in terms of resources, and proper capacity development. For instance, the regional and developed states can provide information on how they have improved their health sectors to aid the LMICs in enhancing their own health sectors (Keshavjee, 2016). Moreover, South-South cooperation is supported by other players, including the WHO, the World Bank, and other non-governmental organizations.



(Horton, 2015)

It is critical to note that political and/or economic factors often interfere with the work of two or more related agencies. There are conflicts in geopolitical affairs whereby certain trade barriers and national interests get in the way of healthy collaboration in global health matters. Meeting these challenges presupposes the regulation of global governance that would adhere to principles of health equity and, at the same time, be reasonable.

Challenges in Data Privacy, Security, and Governance

As attractive as the employment of big data is in global health research, various issues of concern also appear, especially as related to data privacy, security, and governance. Because health information is turning into a digital asset, there are enhanced threats to data privacy and security of individual health information.

The challenging aspects of applying data compare with the need and effort to ensure the data is used correctly and respectfully to avoid maltreatment in public health systems.

Currently, data protection regulations in many countries are either weak or are implemented without much vigor. This has created a gap in governance that could result in the violation of confidential information and inappropriate access and use of sensitive health information. There is a clear demand for guiding principles, rules, and recommendations to be established in international manual and automated health data processing to respond to these issues (Binagwaho & Sachs, 2019; Ghaith et al., 2023; Alolayyan et al., 2018). Such frameworks should pay that data is gathered for public advantage and personal data privilege.

Further, there are other ethical issues with using big data in health research. Data mining focusing on largescale collection and analysis of personal data may worsen health inequalities if the concerned groups are not represented in data samples or if the analytical results derived from data are used to make decisions that affect the groups with poor Health. Despite the enthusiasm for evidence-based research and policy-making, the data producers must respect the wishes of the researched population and treat the data with transparency.

Long-Term Sustainability of Global Health Interventions

The review points to several important features that require greater attention from a sustainable perspective concerning the critical problem of the long-term sustainability of global health interventions. Most health interventions, particularly those that occur during emergencies, bear in mind that their success is temporary, with very little consideration given to the duration of such health interventions. For example, in cases of HIV/AIDS, malaria, and tuberculosis diseases, interventions that have attained certain goals require continued support, sustained participation, and adjustment for improvement.

Likewise, climate change becomes hazardous with time, posing a challenge to the sustainability of global health programs. Climate change is already bringing health impacts, as diseases transmitted by mosquitoes, ticks, and other vectors inspired by climate change are impairing air quality, affecting human Health, and harming natural disasters (Binagwaho & Sachs, 2019; Alzyoud et al., 2024;

Alolayyan et al., 2024). These changes call for health interventions that do not only seek to address the health problems that are currently prevalent but also other problems that are likely to sprout because of climate change.

In addition to the economic issues revealed, geopolitical settings in some areas of the world and their impact bring about further difficulties in the long-term prospects of GH programs. Health interventions in many conflict areas or politically unstable countries are threatened by violence, displacement, and a lack of resources. To sustain health outcomes at the global level, the efficiency and effectiveness of the interventions must meet local contexts and be highly resistant to political and environmental undertakings.

This review affirms that to tackle the preceding health concerns, multiple research approaches that involve various disciplines, interdisciplinary collaboration, accurate data analysis, and the implementation of sustainable initiatives globally are necessary. Today's global health challenges, from disease prevention to health equity, data protection, and limited change, require international, intersectoral, and multidisciplinary approaches. Although much progress has been made in extending the interventions successfully among a heterogeneous and populous population, more effort needs to be spent on the generation of evidence to support new policies, programs, and cooperation with other countries in the world aiming at achieving both short-term and sustainable goals in global health improvement (Bennett & Rasanathan, 2018; Mohammad et al., 2022; Al-Husban et al., 2023). Therefore, the need for integration and relevance worldwide would be important to bring health equity and better preparedness for future threats.

Conclusions

New research directions in global Health focus on contextual, environmental, and economic approaches to Health. Healthie underscores the need for interprofessional practice and policy approaches in format with health equity, health informatics, and decision-making. However, much headway in this area has been achieved, and much work remains to be done, chiefly where the health interventions' consequences and carrying capacity are concerned.

Recommendation

Future global health research should prioritize the following:

1. **Enhanced Data Utilization:** Expanding the use of big data and artificial intelligence (AI) in health research to inform policy decisions and predict health trends.
2. **Focus on Vulnerable Populations:** Research should continue to focus on marginalized and vulnerable populations to ensure that health interventions are equitable and inclusive.
3. **Longitudinal Studies:** Increased investment in longitudinal studies to understand the long-term impacts of health interventions.
4. **Multidisciplinary Collaboration:** Encouraging collaboration between health researchers, environmental scientists, economists, and social scientists to develop integrated solutions.
5. **Sustainability and Climate Change:** Addressing the intersection of climate change and Health unhealthier research to mitigate its impact on global Health.
6. Following these recommendations, global health research can evolve to meet the challenges of the 21st century and beyond.

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